

February 2026

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“He says to the snow, ‘Fall on the earth,’ and to the rain shower, ‘Be a mighty downpour.’ So that everyone he has made may know his work, he stops all people from their labor.”— Job 37:6-7 (NIV)

Baby, it’s cold outside! In the wintertime the cold serves a specific spiritual purpose: It forces a pause. Job says God "stops all people from their labor." Winter is the one season we cannot hustle through. You cannot make a harvest happen in January. It is a divine boundary that reminds us we are not in control. It forces us to stop "doing" and start "being."

In a similar way: Deep underground, trees are not dead; they are focusing all their energy on their root systems. Without the rest of winter, a tree cannot handle the fruit of summer. If you feel like you are in a "winter" season of life—where prayers seem frozen or progress is slow—God may be strengthening your roots, so you don't topple over when the next blessing arrives.

Snow looks cold, but it acts as an insulator, protecting the life beneath it from the killing frost. Sometimes, the "blanket" of silence or waiting in your life is God’s way of protecting you from a harsh world while He works on your heart.

Let us use this "winter" to sink your roots deeper into the Word of God. Spring isn't just coming; it is being prepared right now, beneath the surface.



## BIRTHDAYS

Feb 1: Paul Yerkes  
Feb 8: Bill Byrd, Laura Karnafel  
Feb 15: Nancy Hamilton  
Feb 16: Judy Williamson  
Feb 17: Vic Sutton  
Feb 18: Dale Byers  
Feb 21: Jacob Fisher, John Schafer  
Feb 22: Luke Smith, Mark Baker

## ANNIVERSARYS

Feb 22: Vic & Mary Sutton

## WEEKLY SCHEDULE

Mon: Men's Ministry, 7 am, Parlor  
Staff Meeting, 10 am, Parlor  
Tues: Prayer, 10:30 am  
Women's Bible Study, 1 pm, Parlor  
Wed: Bell Choir, 5 pm, Sanctuary  
Choir, 6 pm, Fellowship Hall  
Thurs: Bible Study, 5 pm, Parlor

## MONTHLY DATES TO REMEMBER

Wed, Feb 11: Joy Circle, 10 am, Parlor  
Sat, Feb 14: Valentine's Day  
Mon, Feb 16: President's Day  
Wed, Feb 18: Ash Wednesday  
Sat, Feb 21: Loaves & Fishes, 11 am-12:30 pm  
Judy Williamson Birthday Celebration,  
Fellowship Hall, 2-5 pm  
Sat, Feb 28: Paper Pantry, 10 am-Noon

## PRAYER REQUESTS

Joe Clothier                      Rick & Cheryl Jones  
Barb Leffert                      Ed McKaig  
Mary Stuart                      Pat Wilkinson  
Unspoken Requests

## JOY CIRCLE

Joy Circle will meet on February 11 at 10 am in the Parlor. Jan Fawley will present the program on Logansport Parks Department. Jeannie Byers is the hostess and will give the devotions. All Ladies of the Church are invited.

## WOMEN'S BOOK CLUB

The next women's book club will be February 17 at 5 pm. The book will be *Like a River* by Granger Smith. We have purchased a few books. If you would like one, the cost is \$9.

## MILITARY

Braxton Baker, US Air Force, Texas  
Isaac Cicchelli, US Army, Louisiana  
Duncan Greenhill, US Marines, Washington  
Jacob Kaley, US Army, Texas  
Alex Karnafel, US Air Force, Missouri  
Michael Karnafel, US Marines, Virginia  
Oakley Lewellen, US Marines, California  
Lynda Redrup, US Army Virginia  
Jarret Regan, National Guard, Georgia

## FEBRUARY BIBLE READING

1 Leviticus 1-4	15 Numbers 7
2 Leviticus 5-7	16 Numbers 8-10
3 Leviticus 8-9	17 Numbers 11-13
4 Leviticus 10-12	18 Numbers 14-15
5 Leviticus 13	19 Numbers 16-18
6 Leviticus 14-15	20 Numbers 19-21
7 Leviticus 16-18	21 Numbers 22-24
8 Leviticus 19-21	2 Numbers 25-26
9 Leviticus 22-23	23 Numbers 27-29
10 Leviticus 24-25	24 Numbers 30-31
11 Leviticus 26-27	25 Numbers 32-33
12 Numbers 1-2	26 Numbers 34-36
13 Numbers 3-4	27 Deuter. 1-2
14 Numbers 5-6	28 Deuter. 3-4



## FEBRUARY IS NATIONAL HEART HEALTH MONTH – HEATHER PLATT, PARISH NURSE

Taking care of our hearts is a multifaceted endeavor. Since heart disease is the leading cause of death in the United States, we all need to employ as many strategies as possible to reduce our risk of debilitating disease or death.

Nutrition, exercise, stress management, weight control and medication compliance are all very important parts of promoting a hearty heart. It's not about following a trendy diet to lose weight quickly, it's about health over the long haul and adapting to physical changes in our bodies as we age with hormones, joint and muscular changes. Focusing on a diet rich in vitamins and minerals by consuming vegetables, fruits, beans, nuts, seeds and lean proteins is the key. It's also about balance. Say yes to a sweet or savory treat when you need to, but limit that treat to a three-bite portion and savor each bite. Eat slowly and appreciate the flavor to get the most satisfaction as possible from that small portion. Then walk away so you are not sitting there tempted to have another three bites! Better yet, keep walking and take a 15-30 minute stroll after your meal to help reduce a spike in your blood sugar.

We all have stressors in life. Some days the stressors are bigger than others are; some days the stressor is consuming. We can manage our response to stress by surrendering it in prayer, relaxation techniques, not allowing ourselves to be triggered into a negative response, mindful acceptance and placing boundaries. Allowing ourselves to find comfort in a balance of saying yes and saying no and keeping the stressor in the scale that it deserves are all ways we can manage our stress responses to promote healthy brains, emotional regulation and lessen the physical impact on our bodies.

Look for joy each day, many times each day. See the good and focus less on the bad. Make sure to move 30 minutes each day, take the stairs, park further from the store and make plans to be with friends and loved ones. Have a plan for each day and immerse yourself in projects and being with people.

Taking care of your heart is a lifelong journey.

Take Care,

*Heather*

## NURSING HOMES

**Miller's Merry Manor:** Pat Wilkinson

**Milner Healthcare:** Bev Bartunek

**Cedar Creek:** Jim Harris, Mary Stuart

**Woodbridge:** Jan Blackburn, Barb Leffert



**BELINDA JORDAN, LCM DIRECTOR**

LCM has some activities in the next few months. We have our classroom Valentine’s Day parties and Spring Pictures in February.

Dr. Seuss week is celebrated March 2<sup>nd</sup>-March 6<sup>th</sup>. There will be dress up days for the children while the teachers read Dr. Seuss books and do crafts.

The mission for 2026 is to purchase new playground equipment for the outdoor toddler playground. They would like a quality jungle gym. We are also interested in improving the security door alarm. The remote stations do not work properly. Therefore, once we know the total cost for this goal, we will plan fundraisers to reach our goal!

February Bible Verse - “A new commandment I give to you: that you love one another, just as I have loved you”  
John 13:34

Sincerely,

*Belinda Jordan*

**MEN’S LENTEN BREAKFAST SCHEDULE 2026**

- |        |                                    |        |                            |
|--------|------------------------------------|--------|----------------------------|
| Feb 21 | Cross Wind                         | Mar 21 | Faith Community Fellowship |
| Feb 28 | Pisgah Christian Church            | Mar 28 | All Saints Church          |
| Mar 7  | Refuge Worship                     | Apr 4  | Walton Christian Church    |
| Mar 14 | United in Faith Church (Galveston) |        |                            |

**CHRISTMAS EVE DONATIONS**

Thank you so much for your generous monetary donation to Trinity Food Pantry. Your donation will help us purchase essential food items and help continue to serve the needs of those we serve. Thank you again for your support!

Blessings,  
Trinity Episcopal Church

Kids Hope USA builds life-changing relationships one at a time: One Child. One Hour. One Church. One School. We believe that all kids matter to Jesus and that the local church is uniquely called to care for children in their community. Students deserve caring and consistent adults in their lives to help them thrive. We connect churches with neighborhood elementary and middle schools to operate a proven and established, school-based mentoring program that meets or exceeds national standards and best practices. The Kids Hope USA program quality is achieved and maintained through training, systems, tools, and materials that facilitate, educate, equip, support, and encourage the Church.

Kids Hope USA matches each church with a partner school. The school identified to partner with Church of the Good Shepherd is Columbia Elementary. The appointed Director, Becky Noel, is seeking mentors. Won't you consider serving a child as a Church Kids Hope mentor?



## **Annual Conference**

### **What is God doing and how can we join Him?**

The Annual Conference (as an organization and as a gathering) will have its eyes upon the Triune God. Therefore, the questions the Annual Conference will always pose to the Local Church are: What is God Doing? How is He Creating? How is He Saving? How is He Sustaining? In response to the reporting of the Local Church, the Annual Conference will ask how can we join in what God is doing among us and help facilitate the ministry of the Local Church that we might all be challenged to grow in faithfulness.

The Annual Conference is focused on living in God's Kingdom through the Local Church. We gather for worship together to build the Body of Christ. We scatter to enable the Local Church to equip clergy and laity to be effective in witness to the Love of God and the call to faithful discipleship in the world.

As followers of Jesus Christ, we place our loyalty to God's Kingdom above the kingdoms of this world; therefore, we will be Biblical on all issues in society. We will strive for personal and social holiness. Our conference and district leadership will be chosen because of their spiritual gifts and their commitment to Jesus Christ as Lord.

With this in mind, the Annual Conference will have a streamlined, small Conference Administration with a humble posture of serving clergy and churches. We will only ask for reports/paperwork that will be USED to help us all fulfill the mission of the church. We will be transparent in our annual reporting and in our audit reporting. We will evaluate the fruits of its actions regularly and modify those actions accordingly. The business of the Annual Conference will flow out of our worship of God.

## Church of the Good Shepherd Contact Information

**Office Hours:** Thurs 9 AM-4 PM  
**Phone:** 574.753.3491  
**Email:** [gsloganoffice@gmail.com](mailto:gsloganoffice@gmail.com)  
**Website:** [www.goodshepherdlogan.org](http://www.goodshepherdlogan.org)  
**Facebook:** Logangoodshepherd

### Sunday Morning Services:

800 E Broadway, Logansport  
· **Worship:** 8:15 AM & 10 AM  
· **Live Streaming:** 8:15 AM on Facebook at:  
Logangoodshepherd

### Staff:

- **Pastor:** Michael Goodspeed  
[gsloganpastor@gmail.com](mailto:gsloganpastor@gmail.com) Cell: 765-434-5434
- **Treasurer:** Elaine Hall  
Email: [gslogantreas@gmail.com](mailto:gslogantreas@gmail.com)
- **Financial Secretary:** Nancy Hamilton
- **Administrative Assistants:** Teresa Popejoy &  
Deb Swartzell [gsloganoffice@gmail.com](mailto:gsloganoffice@gmail.com)

### Little Children's Ministry Staff

- **Director:** Belinda Jordan  
Email: [fumlcm@gmail.com](mailto:fumlcm@gmail.com) LCM: 574-753-6058
- **Administrative Assistant:** Emma Palomares  
Email: [lcmassistant2023@gmail.com](mailto:lcmassistant2023@gmail.com)

### Our Mission:

To make disciples of Jesus Christ who worship passionately, love extravagantly, and witness boldly. We are a member of the Global Methodist Church.

### Core Affirmations:

The Global Methodist Church professes the Christian faith, established on the confession of Jesus as Messiah, the Son of God, and resurrected Lord of heaven and earth.

This confession, expressed by Simon Peter in Matthew 16:16-19 and Acts 2:32, is foundational. It declares Jesus is the unique incarnate Word of God, and He lives today, calling all to receive Him as Savior, and as the one to whom all authority has been given.

This faith has been tested and proved since its proclamation by Mary Magdalene, the first witness to the resurrection. It was defended by the women and men of the early church, many of whom gave their lives as testimony. Their labor, enabled and inspired by the Holy Spirit, resulted in the canon of Scripture as the sufficient rule both for faith and practice (the Greek word *kanon* means rule).