



It's with a heavy heart that we say a temporary farewell to our oldest male member of Good Shepherd Church, Bruce Stuart. Bruce was received as a member when he was 12 years of age at our church. He has seen a lot of happenings in the past 80+ years at church and in our world. We want to keep Mary Stuart and their family in our prayers during this difficult time. For those who knew Bruce well, we also remember you as you grieve his loss.

Bruce was a fixture in Logansport at both the High School and the Historical Society. Bruce was a Guidance Counselor who worked with approximately 3000 students in his 29 years at LHS. He helped many students who needed a little extra encouragement to go to college or begin a trade.

One of the scriptures I shared with Bruce I will share with you: *When the wicked advance against me to devour me, it is my enemies and my foes who will stumble and fall. Though an army besiege me, my heart will not fear; though war break out against me, even then I will be confident. One thing I ask from the LORD, this only do I seek: that I may dwell in the house of the LORD all the days of my life, to gaze on the beauty of the LORD and to seek him in his temple. For in the day of trouble he will keep me safe in his dwelling; he will hide me in the shelter of his sacred tent and set me high upon a rock.* Psalm 27: 2-5

Bruce is safe in the shelter of heaven!

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**STRESS AWARENESS— HEATHER PLATT
PARISH NURSE**

The impact of stress reaches far and wide inside our bodies. Increasing our awareness of stress helps us recognize that we are experiencing it and allows us to make better choices for ourselves and those surrounding us.

All of us have experienced varying amounts of stress throughout our lives and most understand that it is easy to become overwhelmed by the demands of daily living. Sometimes the burden is related to other physical health concerns of ourselves or our families, financial strains, relationship stressors, work issues and an endless list of other responsibilities we bare whether those are by choice or default.

Some resources refer to the 5 A's of stress management. Avoid, alter, adapt, accept and active.

AVOID people who increase your stress by their presence.



ALTER- Do you absolutely need to be around them? Can you restrict that time?

ADAPT- If you have to be in their presence, find ways to compromise with them, communicate clearly and set boundaries. Let them know your expectations.

ACCEPT what you cannot change and focus on what you can control. Practice forgiveness not only for those who have wronged you but also for yourself. We are often our worst critic.

Choose ACTIVITIES that you enjoy. Work those positive activities into your daily routine so you can anticipate the joy you will experience and consequently have a better mood.

Managing stress will lessen the likelihood of certain health problems, improve your mental health, and improve your relationships, your focus and your self-control. Practice methods to relax as stress builds by stopping to take a few deep breaths and reset your intention.

Some physical impacts of stress may include headaches, stomachaches with nausea, vomiting and diarrhea, dizziness, fatigue, sleep disturbances, high blood pressure, a weakened immune system and muscle tension. Emotional symptoms of stress could include increased anxiety and depression, irritability, panic attacks, sadness, lack of motivation and restlessness.

Consider doing some of these things to manage your stress in a healthy fashion- exercise, rest well, eat healthy, give yourself time outs and avoid electronics, schedule time with family and friends or engage in a sport or hobby that you enjoy. With the estimated average stress level of a 5/10 in American adults, we all need to take a step back, reevaluate our mental health, priorities and take the initiative to be as healthy and balanced as we can.

Take Care, *Heather*

JOY CIRCLE

Joy Circle will meet on April 9 at 10 am in the parlor. This month's program will be Helping the Homeless in Logansport by Deb Miller. Please bring canned goods for this mission. Judy Williamson will give devotions and serve as hostess. All women of the church are invited to attend.

Habitat for Humanity for Cass County Month

Have you heard the news? Logansport has declared April to be Habitat for Humanity of Cass County Month! We'd love to have as many churches involved as possible. Here's how you can help:

1. Pray for us. We are in the process of raising funds with the plan to work alongside a family to build an affordable home in the coming months. There is a lot to do in the coming weeks to achieve this, so please pray.
2. Watch for fundraisers throughout the month. Various restaurants are setting dates for Dine-to-Donate events. Keep an eye on Habitat's Facebook page for those to be announced. There will also be the first charity roadblock in downtown Logansport on April 18-19. We encourage you to make a contribution.
3. Become a sponsor for the 2025 Logansport Community Build. The goal is to raise \$100,000 to cover the building expenses for this house. The City has taken the lead with a \$25,000 donation. Habitat is asking churches, community organizations, businesses, financial institutions, and individuals to donate the rest.
4. Habitat's spring banquet will be held on April 24 at the Vibrant Event Center. Ask how to become a table sponsor to hear about Habitat's vision to be arms and legs assisting our churches in being the hands and feet of Jesus. Habitat will also be introducing their next partner family.
5. Volunteer! Habitat needs some building volunteers, especially those skilled in the trades. They also need people who would like to volunteer on committees that will help with family selection and support, fundraising, and marketing efforts. God has gifted different people in different ways. If you have an interest in using your gifts, Habitat would love to talk with you.

God Bless

Scott Jewell, Executive Director

Habitat for Humanity of Cass County

574-546-2407



Learn More Here:
Phone: 574-516-2407
Website: www.casshabitat.org
Facebook: www.facebook.com/casshabitat

Items needed for Kenya Mission Trip



Travel size toothpaste

Toothbrushes

Children/adult Ibuprofen

Child/adult Tylenol

Benadryl tablets

Claritin/Zyrtec tablets/syrup

Antibacterial cream

Child chewable vitamins

Allergy eye drops

Antifungal cream

Hydrocortisone cream

Anti inch cream

Allergy eyedrops

New ace wraps all sizes



BIRTHDAYS

April 5: Chance Clary, Rhonda Martin
April 6: Jim Moore
April 8: Tammy Bartlett, Michael Karnafel
April 11: Howard Cox, Karla Rhodes
April 12: Rilynn Yerkes
April 14: Stella Kitchel
April 15: Belinda Jordan
April 20: Maddie Peterson
April 21: Adam Gray
April 22: Shelby Graham, Sonja Hanawalt, Ann Miller
April 23: Bev Bartunek
April 26: Michael Goodspeed
April 27: Keith Binkerd

ANNIVERSARYS

April 12: John & Nancy Beachler
April 14: Dale & Jeannie Byers
April 21: Bill & Vicki Byrd
April 23: Mark & Patricia Hammons

Dear Friends of the Good Shepherd,

Thank you from the bottom of my heart to those sending flowers from the altar-John & Sharon Jones for providing and Ann Miller for delivery.

Also, the many cards, prayers, visits and making my days more enjoyable.

Sorry I'm unable to join you for services; but, my stage 4 kidney problems have blessed me with Hospice-they are very good to me.

Thanking all of you again.

Sonja Hanawalt

DOWNTOWN GREEN & CLEAN DAY

Downtown Logansport will be green and clean, thanks to our crew of volunteers! Logan's Landing is recruiting people to help weed and trim, pick up litter, sweep and generally spruce up our downtown district. We will meet at the State Theatre at 9 AM on Sat, April 26, bring your own yard tools and gloves with you. Please give an hour or two of your time to make our downtown district an area we can all be proud of. To sign up call 574-722-1691 or 574-753-4444.

MONTHLY DATES TO REMEMBER

Tues, April 1: Women's Book Club, 6 pm, Parlor
Wed, April 9: Joy Circle
Fri, April 11: Rummage Sale 8 am-2 pm
Sun, April 13: Palm Sunday
Thurs, April 17: Maundy Thursday, 7 pm, Main St
Comm Church
Sat, April 19: Loaves & Fishes
Sun, April 20: Easter Sunday, 8:15 am & 10 a.m.
Breakfast between Services, 9:15 am
Sat, April 26: Paper Pantry
Mon, April 28: Staff Parish, 6 pm, Parlor

WEEKLY SCHEDULE

Mon: Men's Ministry, 7 am Parlor, Breakfast at 8 am at Marylou's Coffee Shop
Staff Meeting, 10 am, Parlor
Tues: Prayer, 10:30 am, Sanctuary
Wed: Bell Choir, 5 pm, Sanctuary
Choir, 6 pm, Fellowship Hall

PRAYER REQUESTS

Jan Blackburn	Joe & Barb Leffert
Joe Clothier	Alvin Fry IV
Carol Forlow	Mary Stuart
Shawn Black Family	Charles Hickman Family

DAILY BIBLE READING

1 1 Samuel 11-13	17 1 Kings 1
2 1 Samuel 14-15	18 1 Kings 2-3
3 1 Samuel 16-17	19 1 Kings 4-6
4 1 Samuel 18-20	20 1 Kings 7
5 1 Samuel 21-24	21 1 Kings 8
6 1 Samuel 25-27	22 1 Kings 9-10
7 1 Samuel 28-31	23 1 Kings 11-12
8 2 Samuel 1-3	24 1 Kings 13-14
9 2 Samuel 4-7	25 1 Kings 15-17
10 2 Samuel 8-11	26 1 Kings 18-19
11 2 Samuel 12-13	27 1 Kings 20-22
12 2 Samuel 14-15	28 2 Kings 1-2
13 2 Samuel 16-17	29 2 Kings 3-4
14 2 Samuel 18-19	30 2 Kings 5-7
15 2 Samuel 20-22	
16 2 Samuel 23-24	



COFFEE HOUR

We are in need of a volunteer to coordinate Coffee Hour. If you would be interested in providing this service for our church, please contact Deb Swartzell or Teresa Popejoy for further information. We THANK YOU for prayerfully considering this service.

REACHING THE COMMUNITY

Church of the Good Shepherd has a Paper Pantry for people referred to the church by the Township Trustee. Once a month we provide items such as diapers, toilet paper, feminine products, paper plates, band-aids, toothpaste, tooth brushes, paper towels and cleaning supplies. Donated items are being collected on the counter in the Parlor. Thank you for your support as we reach into our community.

EASTER FLOWER SIGNUP

The signup sheet for Easter Flowers is available in the Narthex. Cost is \$25.00 each.



WOMAN'S BOOK CLUB

Women's Book Club will meet again Tuesday, July 22 at a new time: 5 PM in the parlor. The new book is *Her Mother's Hope* by Francine Rivers



VOLUNTEER OPPORTUNITIES

Good Shepherd has many opportunities to volunteer as a Sunday morning Liturgist for the 8:15 am and 10 am services, a coffee time host, or with the choir and bell choir. For details, see the bulletin board by the parlor.

Kenya Mission Trip May 30-June 14

Please begin to pray for the team heading to Kenya in May. There will be fundraising and lots of planning going into this trip. Pray for God's guidance.



CASS COUNTY COMMUNITY HEALTH FAIR

Thursday, April 10—3:30-6:30 pm
Logansport High School Berry Bowl
1 Berry Lane, Logansport
Health screenings, Community Resources,
Vaccines, Giveaways & More!

ALL SERVICES ARE FREE

Church of the Good Shepherd Contact Information:

Office Hours: Monday-Thursday 8:30-11:30 am

Phone: 574-753-3491

E-mail: gsloganoffice@gmail.com

Web: www.goodshepherdlogan.org

Facebook: Logangoodshepherd

Sunday Morning:

- **Sunday Services:** 800 E Broadway, Logansport
- **Worship:** 8:15 am & 10 am
- **Live Streaming:** 8:15 am on Face Book at:
Logangoodshepherd

Church Staff

- **Pastor:** Michael Goodspeed
gsloganpastor@gmail.com Cell: 765-434-5434
Tonya Goodspeed Cell: 765-434-0724
- **Treasurer:** Elaine Hall
Email: gslogantreas@gmail.com
- **Administrative Asst:** Teresa Popejoy/Deb Swartzell
Email: gsloganoffice@gmail.com
- **Financial Secretary:** Nancy Hamilton
Email: gsloganfinsec@gmail.com
- **Media Coordinator:** Luann Hamilton

Little Childrens Ministry Staff

- **Director:** Belinda Jordan
Email: fumlcm@gmail.com LCM: 574-753-6058
- **Administrative Assistant:** Emma Palomares

Logangoodshepherd



Our Mission:

To make disciples of Jesus Christ who worship passionately, love extravagantly, and witness boldly. We are a member of the Global Methodist Church.

Core Affirmations:

The Global Methodist Church professes the Christian faith, established on the confession of Jesus as Messiah, the Son of God, and resurrected Lord of heaven and earth.

This confession, expressed by Simon Peter in Matthew 16:16-19 and Acts 2:32, is foundational. It declares Jesus is the unique incarnate Word of God, and He lives today, calling all to receive Him as Savior, and as the one to whom all authority has been given.

This faith has been tested and proved since its proclamation by Mary Magdalene, the first witness to the resurrection. It was defended by the women and men of the early church, many of whom gave their lives as testimony. Their labor, enabled and inspired by the Holy Spirit, resulted in the canon of Scripture as the sufficient rule both for faith and practice (the Greek word *kanon* means rule).

Nursing Homes

- **Millers Merry Manor:** Pat Wilkinson
- **Milner Community Healthcare:** Bev Bartunek
- **Cedar Creek:** Jim Harris, Mary Stuart
- **Woodbridge:** Jan Blackburn, Jayne Sullivan,
Linda Stillwell

Active Military

- Braxton Baker, US Air Force, Texas
- Isaac Cicchelli, US Army, Louisiana
- Jacob Kaley, US Army, Texas
- Michael Karnafel, US Marines, Virginia
- Oakley Lewellen, US Marines, California
- Alex Karnafel, US Air Force, Missouri
- Jarret Regan, National Guard, Georgia
- Lynda Redrup, Army